



## **POST-OPERATIVE INSTRUCTIONS**

### **CERVICAL CONIZATION, LOOP ELECTROSURGICAL EXCISION PROCEDURE (LEEP)**

1. Things to expect:
  - a. Arrange transportation following procedure. Do not drive, operate potentially dangerous machinery, sign legal documents or make critical decisions the day of your procedure.
  - b. Bleeding may fluctuate throughout the healing process. May range from light spotting to a light menstrual type flow.
  - c. Some increase in bleeding at 10-14 days. This is when the equivalent of a scab may fall off the cervix. This may or may not happen and should be of no concern if it does or does not happen.
  - d. Slight cramping and lower abdominal tenderness. Tylenol and NSAIDs over the counter can be used as needed.
  
2. Things to call about:
  - a. Temperature of 100.4 or above (take your temperature if you feel hot or have chills).
  - b. Bleeding that is heavier than a menstrual period (soaking a sanitary pad in less than one hour).
  - c. Abdominal aching or sharp pain unrelieved by heating pad and over the counter pain medications (occasional abdominal cramping is expected).
  
3. Activities:
  - a. No douching, tampons, or intercourse for two weeks following the procedure.
  - b. No swimming, but you may shower or take tub baths.
  - c. Resume activities slowly and rest when you recognize the symptoms of fatigue.
  - d. You may usually return to full activity 2-3 days after the procedure.
  
4. Return visit:

Call the office at 816-478-0220 for an appointment, approximately 2 weeks after procedure.